

Pal-Mac Raiders News on the web www.palmacyouth.com

Volume 1, Issue 1

August 4, 2011

Let The Fun Begin!

Special points of interest:

- Always remember to check the website for the latest information. www.palmacyouth.com
- Pizza nights - Tuesdays and Thursdays. Go to the concession stand to order and pay for your pizza before 6:00 pm.
- Don't forget to sign up for the workers board!
- Scrimmage game at Gananda on August 20.

Inside this issue:

2011 Schedule	2
Cheer Update	2

The 2011 season has begun, and it looks to be one of our best seasons yet. Our Coaches are excited and the kids were ready go on our first night of practice.

We have over 200 participants this year, 94 Cheerleaders and 119 Football players! Our Head coaches this year are:

A Team Football - **Larry Mooney**

A Team Cheer - **Tami McDonald**

B Team football - **Chris Moyer**

B Team Cheer - **Ami Williams**

C Team Football - **Tom Baker**

C Team Cheer - **Emily Henning**
 Flag Football - **Dave Sweeney**
 Flag Cheer - **Becky Black**

It goes with out saying, but thank you to all of our great Coaches, Assistants, and Volunteers and have a great year!

Practice info:

We will practice **rain or shine!** Practice will run except in the presence of lightning, at which time all children will leave the field. During questionable weather, please remain in the area so you can return to the practice fields quickly to pick up your

Winning is a habit.



Success is a choice

C TEAM FOOTBALL - Coach Baker would like all players to come to practice with full equipment.

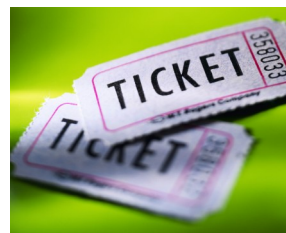


Raffle Ticket Time

Raffle tickets can be picked up at the concession stand, just ask for them. If you are unsure whether or not you need to sell them, please contact Ed Black at info@creative-applications.net.

All Raffle tickets and monies need to be turned in by the end of practice on August 25, 2011. We will be

drawing the winners on August 28 during halftime of our A Team Game.



This years prizes are as follows:
 First prize \$750
 Second prize \$450
 Third prize (2 winners) \$150
 Fourth prize (2 winners) \$100
 Fifth prize (2 winners) \$50

Winners do not need to be present at time of drawing. Good luck to all of our supporters.

Cheer Update



Cheer Shoes and Lollies– Denise from Arcadia Sports will be here on Monday, August 8th to distribute sneakers and lollies. She will also be double-checking the sizing. Items will be distributed by team:

C Team at 5:45pm

B Team at 6:15pm

A Team at 6:30pm

Flag cheerleaders may also pick up on Monday and get resized, or wait until Tuesday after practice. Denise will not be here on Tuesday to help resize, so you must go to Arcadia Sports in Newark if any size adjustments need to be made.

PCC Tumbling Classes

Who: All Palmyra/Macedon Boys & Girls ages 5 & up

Where: Palmyra Community Center
424 Stafford Street, Palmyra

When: Wednesdays & Saturdays
6 Week sessions beginning Aug 24th

For more information go to palmacyouth.com and click on the announcements tab.

Don't forget your water!

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Everyone needs to stay hydrated during our practices!

2011 PalMac Raiders Schedule

Date	Opponent	Home/Away
August 28	Red Jacket	Home
September 4	BYE WEEK	BYE WEEK
September 11	Dundee	Home
September 18	Lyons	Away
September 25	Gananda	Home
October 2	Seneca Falls	Away
October 9	Waterloo	Home
October 16	Mid Lakes	Away
October 23	Penn Yan	Away

Flag games start at 9:00 am

C Team starts at 10:00 am

A Team start immediately after the C game.

B Team starts immediately after the A game.